

juli 2019

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag
1	2	3	4	5	6
BOXMEER 20:00-21:15 (Niels)	VEENENDAAL 18:30-19:30 Tieners (Heath)	BOTTENDAAL 20:00-21:15 Volwassenen Alle Levels (Jorn)	SPORTSPALACE 18:15-19:00 KIDZ KRAV (Heath)	UDEN 20:00-21:15 Volwassenen Alle Levels (Christiaan)	SPORTSPALACE 10:00-11:15 Volwassenen Alle levels (Niels)
EDE 19:15-20:30 Tieners+Volwassenen (Roy)	VEENENDAAL 19:30-20:45 Volwassenen (Heath)	EDE 19:30-20:45 Tieners+Volwassenen (Roy)	SPORTSPALACE 19:00-20:15 VolwassenenGevorderden(Heath)	SPORTSPALACE 18:45-19:45 TIENERS (Heath)	
SPORTSPALACE 18:30-19:30 TIENERS (Rob B)	SPORTSPALACE 18:45-20:00 Volwassenen Beginners(Rob K)	UDEN 20:00-21:15 Volwassenen Alle Levels (Michal)	SPORTSPALACE 20:15-21:30 Volwassenen Beginners(Heath)	SPORTSPALACE 19:45-21:15 Fight Class (Heath)	
SPORTSPALACE 18:30-19:30 Volwassenen Alle Levels (Rob B)	SPORTSPALACE 20:00-20:30 Combat Conditioning(Rob K)	SPORTSPALACE 18:15-19:00 KIDZ KRAV (Heath)		ULTRASPORT 18:15-19:00 KIDZ KRAV (Niels)	
ULTRASPORT 18:15-19:00 KIDZ KRAV (Heath)	SPORTSPALACE 18:45-20:00 VolwassenenGevorderden(Rob K)	SPORTSPALACE 19:00-20:00 TIENERS (Heath)		ULTRASPORT 19:00-20:00 TIENERS (Niels)	
ULTRASPORT 19:00-20:15 Volwassenen Alle Levels (Heath)		SPORTSPALACE 10:00-11:15 Volwassenen Alle Levels (Niels)		ULTRASPORT 20:00-21:15 Volwassenen Alle Levels (Niels)	
		SPORTSPALACE 20:00-20:30 Volwassenen Alle Levels (Heath)			
8	9	10	11	12	13
BOXMEER 20:00-21:15 (Niels)	VEENENDAAL 19:30-20:45 Tieners+ Volwassenen (Gideon)	EDE 19:30-20:45 Tieners+Volwassenen (Roy)		ULTRASPORT 18:15-19:00 KIDZ KRAV (Niels)	
EDE 19:15-20:30 Tieners+Volwassenen (Gideon)	SPORTSPALACE 19:30-20:45 Volwassenen Alle Levels & SPORTSPALACE 19:30-20:45 TIENERS (Rob K)	UDEN 20:00-21:15 Volwassenen Alle levels (Rob B)		ULTRASPORT 19:00-20:15 Volwassenen Alle Levels & ULTRASPORT 19:00-20:15 TIENERS (Niels)	
		ULTRASPORT 19:30-20:45 Volwassenen Alle Levels (Niels)			
15	16	17	18	19	20
			SPORTSPALACE 19:30-20:45 Volwassenen Alle Levels & SPORTSPALACE 19:30-20:45 TIENERS (Edward)	UDEN 20:00-21:15 Volwassenen Alle levels (Christiaan)	
22	23	24	25	26	27
29	30	31	1	2	3
ULTRASPORT 19:30-20:45 Volwassenen Alle Levels & ULTRASPORT 19:30-20:45 TIENERS (Gideon)		SPORTSPALACE 18:15-19:00 KIDZ KRAV (Heath)			
		SPORTSPALACE 19:00-20:15 Volwassenen Alle Levels & SPORTSPALACE 19:00-20:15 TIENERS (Heath)			

KIDZ	UDEN	BOXMEER
TIENERS	EDE	
VOLW SP	BOTTENDAAL	
VOLW ULTRA	VEENENDAAL	